

Mission Statement:

SAARA maximizes the power of the people to advocate for treatment and recovery in order to prevent the harmful effects of substance abuse upon families, businesses, and the community.

AFFILIATES OF SAARA

SAARA of Amelia County

SAARA of the Bay Counties

SAARA of Blacksburg

SAARA of Central Virginia

Colonial SAARA

SAARA of Fredericksburg

SAARA of Loudoun County

SAARA of Northern Virginia (NOVA)

SAARA of Northwest

SAARA of Prince William County

SAARA of Roanoke

SAARA of Tidewater

SAARA of Western Tidewater

SAARA of Virginia

4202 Park Place Court, Suite B
Glen Allen, VA 23060
Phone (804) 762-4445
Fax (804) 762-4333

Email: Director@saara.org

“Supported by the Substance Abuse Prevention and Treatment Block Grant by contract with the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services.”

For a copy of the SAARA of Virginia Financials, please write to the Office of Consumer Affairs.



SAARA of VIRGINIA

U-Turn Youth Program



SAARA of VIRGINIA
4202 Park Place Court, Suite B
Glen Allen, VA 23060
(804) 762-4445
Website: www.saara.org

DO YOU HAVE A CHILD WITH A ALCOHOL OR DRUG PROBLEM?

U-TURN is an Alternative:

STARTED BY TEENS FOR TEENS...

U-TURN is a community of young people, who are dedicated to an alcohol and drug free lifestyle. The vision of **U-TURN** is to have teens support one another on their journey to recovery. **U-TURN** is an Organization that encourages teens in the direction of a clean and healthier lifestyle, while providing support for each other along the way, by sharing personal stories of challenges, change and recovery. **U-TURN** teens have chosen a new path, and work together on planning a variety of activities including:

- Sponsoring ongoing clean and sober social events
- Utilizing each member's strengths in helping to develop and plan fun, and creative alternative activities
- Providing mentoring programs for younger kids to promote positive choices
- Fundraising events to help raise public awareness of addiction and recovery
- Doing presentations for schools, parent groups and public policy makers
- Education and awareness about alcohol/drug abuse, and recovery
- Sharing personal stories of change, challenge and recovery with others

U-TURN planning meetings are usually held each month. Flyers of upcoming events and meetings are mailed out. Parents, **U-TURN** needs your support. If you are interested in becoming involved with **U-TURN** and want to be added to our mailing list, please contact Cathy Reiner at 804-762-4445 or email director@saara.org. Thank you for your interest and active involvement on behalf of your child.



*For a **U-Turn** program in your neighborhood, call the SAARA of Virginia office at 804-762-4445 and we will be happy to provide you with information and support.*

Membership Application



PLEASE JOIN US IN OUR EFFORTS AND BECOME A MEMBER OF U-TURN

Student
Name: _____

Parent
Names: _____

Address: _____

Phone:
(home) _____

(cell) _____

Email: _____

Grade: ____ High School: _____

Annual Membership Dues: \$20.00

Donations and Dues will go towards supporting alcohol/drug free events and activities that U-TURN sponsors.

Make checks payable to SAARA of Virginia.
Checks may be sent in the mail to:

SAARA of Virginia
4202 Park Place Court, Suite B
Glen Allen, VA 23060